

# Beinspired By Cobesta!

# **Aromatic Thai Tuna Skewers**

While tuna isn't a traditional species in Thai cuisine, its meatiness provides a good pescatarian alternative to the grilled beef skewers often seen in southern Thailand. This recipe is inspired by a recipe from David Thompson, who suggests making a fragrant brush for dabbing the seasoning onto the skewers by tying a couple of pieces of lemongrass and pandanus leaf together and shredding the ends of them.

### Makes 6 skewers

### **INGREDIENTS**

- 150g sashimi-grade tuna steak (5½oz)
- 6 x 16cm bamboo skewers (6½")
- 1 teaspoon fish sauce (5ml)
- Small pinch toasted and coarsely ground coriander seeds
- Small pinch toasted and coarsely ground cumin seeds
- · Small pinch turmeric powder
- · Small pinch ginger powder
- · Small pinch galangal powder
- · Garlic oil or vegetable oil, for brushing
- · 1 small red shallot, thinly sliced
- ½ lime

### Southern Thai Marinade

- 2 tablespoons garlic oil or vegetable oil (40ml)
- 2 teaspoons toasted and coarsely ground coriander seeds
- · 1 teaspoon toasted and coarsely ground cumin seeds
- ½ teaspoon fish sauce (2.5ml)
- ¾ teaspoon turmeric powder
- ¾ teaspoon galangal powder
- ¾ teaspoon ginger powder
- · Generous pinch roasted chilli powder
- · Salt flakes and freshly ground white pepper, to taste

## **METHOD**

- 1. Make Marinade: combine all ingredients.
- 2. Cut tuna into 18 slices.
- 3. Add to the Marinade and mix to combine well, cover and set aside for an hour or so.
- 4. Divide tuna between skewers.
- 5. Preheat a barbecue or char-grill pan over medium-high heat.
- 6. Combine fish sauce, coriander, cumin, turmeric, ginger and galangal powders in a small bowl.
- 7. Pour oil into another small bowl.
- 8. Dab skewers with the fish sauce mixture then the oil and place on the grill, oiled side down.
- 9. Dab with fish sauce mixture and oil and cook for a minute or 2 each side until nicely coloured.
- 10. Transfer to a platter, sprinkle with shallot and serve with a squeeze of lime juice.